

BACK, NECK & SHOULDERS

LUXURIATE IN THE TARGETED MASSAGE THAT LEAVES YOU FEELING STRESS FREE AND AT EASE.

30 MIN – R500

BACK MASSAGE

RELAXING TARGETED MASSAGE THAT LEAVES YOU FEELING STRESS FREE AND AT EASE.

45 MIN – R570

BACK, NECK & SHOULDER WITH HOT-STONES

HOT STONE MASSAGE THERAPY MELTS AWAY TENSION, EASES MUSCLE STIFFNESS AND INCREASES CIRCULATION AND METABOLISM.

45 MIN – R600

BACK SCRUB AND MASSAGE

A RESTORATIVE BACK SCRUB USING A MINERAL ENRICHED SCRUB BLEND TO REPLENISH TIRED AND DRY SKIN.

45 MIN – R600

BACK, NECK, SHOULDERS & HEAD MASSAGE

RELAXING HEAD MASSAGE USING GENTLE BUT ACUPRESSURE ON THE SCALP AND HEAD ENSURING YOU FEEL ULTIMATE PLEASURE AND PEACE.

45 MIN – R600

FOOT & LEG MASSAGE

SOOTHING AND RELAXING MASSAGE.

30 MIN – R500

MANICURE OR PEDICURE

LUXURIOUS MANICURE OR PEDICURE WITH MASSAGE.

60 MIN – R550

GENTS MANICURE OR PEDICURE

LUXURIOUS MANICURE OR PEDICURE WITH MASSAGE.

45 MIN – R500



INTONGA (BAMBOO) MASSAGE OR CALABASH MASSAGE

PROMOTES CIRCULATION, SENSORY NERVE PERCEPTION AND LYMPHATIC DRAINAGE, AS WELL AS PROVIDING DEEP SENSE OF RELAXATION AND WELL-BEING, REDUCES STRESS AND STRAIN FROM THE THERAPIST HANDS AND FINGERS.

60 MIN – R750 / 90 MIN – R950

SWEDISH FULL BODY MASSAGE

A SENSATIONAL SWEDISH MASSAGE TO AWAKEN YOUR SENSES THAT WILL LEAVE YOU FEELING SERENE AND RELAXED.

60 MIN – R650 / 90 MIN – R800

HOT-STONE FULL BODY MASSAGE

A SPECIALTY MASSAGE USING SMOOTH, HEATED STONES TO MASSAGE THE BODY, CREATING WARMTH WHICH IS DEEPLY RELAXING.

75 MIN – R750

AROMATHERAPY FULL BODY MASSAGE

COMBINING THERAPEUTIC MASSAGE WITH NATURAL ESSENTIAL OILS FOR ITS HEALING PROPERTIES.

60 MIN – R700 / 90 MIN – R850

HEALING EARTH FACIAL

ANTI-AGING & CLEANSING, RELAXING AND REJUVENATING FACIAL TREATMENT WITH PROBIOTIC SKINCARE.

60 MIN – R500

COUPLES RETREAT

SLIP AWAY FOR A ROMANTIC EXPERIENCE FOR TWO IN OUR COUPLE'S TREATMENT ROOM AND ENJOY A BACK SCRUB FROM NECK TO LEGS FOR 30 MIN FOLLOWED BY A SWEDISH MASSAGE FOR 60 MIN AND A HEALING EARTH FACIAL FOR 30 MIN

(SUBJECT TO THERAPIST AVAILABILITY)

120 MIN – R2800

MOM & DAUGHTER EXPERIENCE

ENJOY A MOTHER AND DAUGHTER EXPERIENCE WITH A SWEDISH FULL BODY MASSAGE FOR 60 MIN FOLLOWED BY A MANICURE AND PEDICURE FOR 60 MIN

(SUBJECT TO THERAPIST AVAILABILITY)

120 MIN - R2800



KIDDIES TULANA SPA TREATMENTS

NAIL PAINT ONLY – R200

30 MIN KIDS FACIAL – R300

20 MIN FOOT & LEG MASSAGE – R300

30 MIN BACK & NECK MASSAGE – R400

45 MIN FULL BODY MASSAGE – R450



TULANA
SPA

OPERATING HOURS OF TULANA SPA

MONDAY TO SUNDAY 10H00 – 16H00

**PLEASE COMMUNICATE WITH YOUR THERAPIST
REGARDING ANY HEALTH CONDITIONS
WHEN FILLING OUT THE CLIENT CARD**

SUCH AS:

- HIGH BLOOD PRESSURE
- ALLERGIES
- PREGNANCY
- ANY OTHER RELATED CONCERNS YOU HAVE



**ALL CHILDREN UNDER THE AGE OF 13
MUST PLEASE BE ACCOMPANIED BY AN ADULT**

**TREATMENTS AND PRICES ARE SUBJECT TO
CHANGE WITHOUT PRIOR NOTICE.**



Visit Us:

Umzozozo Private Safari Lodge
Nambiti Private Game Reserve
R602 Nambiti
Ladysmith
3370

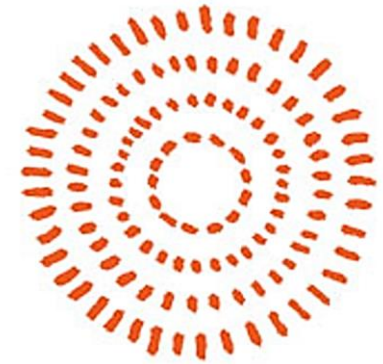


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**TULANA
SPA**

VISIT US AT

**UMZOLOZOLO PRIVATE SAFARI LODGE
NAMBITI BIG 5 PRIVATE GAME RESERVE**

*We also offer in room Spa Treatments
Enquire at Reception*

